



## 2024 Five Star Equestrian Interscholastic Equestrian Association Team Handbook

Dear IEA Parents and Riders,

Welcome to the **Five Star Equestrian Interscholastic Equestrian Association Team**. Riding for and competing with IEA provides our riders with the opportunity to be a part of a supportive team environment, while making good friends and having fun. Through this experience we make every effort to:

- ✓ Support the goals of the Interscholastic Equestrian Association.
- ✓ Build confident and skilled riders through quality training, team support and exposure to competition.
- ✓ Introduce new riders to the equestrian sport.
- ✓ Receive Potential Scholarships for our riders. College scholarships are currently available from the Interscholastic Equestrian Association, United States Pony Club, and others.
- ✓ Enhance College Attractiveness. Even if the rider decides not to participate on an equestrian team in college, participation at the High School level makes available leadership opportunities and responsibilities, which can be tremendously beneficial on college applications.

Our success depends on a strong commitment from our riders and parents. We rely on parent volunteers and the support of each rider. We are fortunate to have a wonderful group of parents and riders to work with in addition to a great facility.

Our participation requires that we provide horses, so if you have a horse that is appropriate for IEA, you will be given a discount on the annual fee (see below) and we will use the horse when necessary.

***The 2024 IEA National Finals will be held in California!*** This means we will be helping with the event and providing horses whether we qualify or not. It would be great to have enough riders to complete our teams and try to qualify both teams for the National Finals, and also equally great to have individual qualifiers!

Five Star Equestrian congratulates New Members and Returning Members to our team and looks forward to a fun and successful season!

Leah & Cassandra

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## **TEAM Contacts**

TEAM ADMINISTRATOR

TBD for 2024-2025 Season

TEAM COACHES

Cassandra Keith - [5starequestrian@gmail.com](mailto:5starequestrian@gmail.com), 650-440-2450

Leah Feliz - [leah.feliz@gmail.com](mailto:leah.feliz@gmail.com), 650-823-1210

FUNDRAISING CHAIR

TBD

APPAREL & TEAM EQUIPMENT COORDINATOR

TBD

TEAM CAPTAIN(S)

To be decided annually

TEAM FACEBOOK PAGE

We will invite all new members at the beginning of each new season.

## **OTHER Contacts**

IEA Website – <https://www.rideiea.org/>

Five Star Equestrian Website – [www.5starequestrian.com](http://www.5starequestrian.com)

## **Interscholastic Equestrian Association Mission and Objectives**

The mission of IEA is to introduce students in private and public schools (4<sup>th</sup> grade through 12<sup>th</sup> grade) to equestrian sports, to provide information concerning the creation and development of school associated equestrian programs, to develop understanding and appreciation of equestrian sports through organized student competitions, to provide students with organized competitive events and to provide additional equine educational opportunities. Also, there are opportunities for these students to earn scholarship money. Through the IEA, students may have the opportunity to earn scholarships towards their college education.

### **IEA Objectives**

- To promote the equestrian as an athlete.
- To provide students with organized competitive opportunities.
- To introduce new riders to equine sports.
- To promote the IEA among middle, and secondary schools.
- To provide students with opportunities for further education equine sports and other equine-related matters.
- To encourage liaison with USA Equestrian, Inc., IHSA and other interested bodies.
- To provide information concerning the creation and development of school associated mounted and non-mounted equestrian programs.
- To establish and enforce IEA rules, standards and policies.
- To evolve with the continuing progress of equestrian sports.
- To generally promote the common interests of safe riding instruction and competition and education on matters related to the horse industry and all segments thereof.

### **IEA Competitions**

The unique aspect of these competitions, both at the local and national level, is that none of the riders will supply their own horses or tack. Instead, the horses, saddle and other tack are all provided to the students at the show. The host team arranges for the horses and equipment. Essentially, the horse is new to the rider, and the scores are based upon horsemanship, not the horse. The competitions involve six classes jumping over fences no greater than three feet and numerous flat equitation classes. The IEA is an affiliate of the United States Equestrian Federation, the United States Hunter Jumper Association, and the Intercollegiate Horse Show Association.

For more information on IEA please go to: <https://www.rideiea.org/>

## How IEA Works

### Structure

IEA is comprised of multiple Zones located regionally. Zones are divided into smaller Regions. Five Star Equestrian is in Zone 10, which currently includes teams from Nevada, California and Hawaii.

### Time Commitment

- Shows: The schedule for shows is dependent on the teams participating, but in the past our team has attended 1 -2 day shows per month. Team Administrator schedules riders in up to five (5) shows over the season. A typical show day runs from 7a to 5p on Sunday. However, we do attend shows that are back to back over one weekend. These run 7a to 5p on both Saturday and Sunday.
- Practice Meets: We host up to three (3) team practices at our facility per season. These provide an opportunity to practice as a team and bond. These generally run from 8a-10a and are in lieu of a lesson that week. Riders need to arrive at 7:30am to tack up horses.
- Fundraising: we hope to have a minimum of 1-2 fundraisers per season that require full participation, plus selling ads for our hosted show. You may opt out of ONE fundraiser per year by a direct payment instead of the activity. We strongly encourage you and your rider to participate in the activities and support the opportunity to do some team bonding!
- Hosted Shows: Our team is required to host or co-host two (2) shows (minimum) each season. These require help from all parents and riders, both in planning and at the shows.

### Regular Show Season

- Each rider can compete in a maximum of five (5) shows during the regular season, September through January. A commitment to show in a minimum of three (3) shows is required from each member.
- Team will attend more than five (5) shows to allow everyone the opportunity to compete in five shows.
- There are four (4) levels of competition for Middle and High School Team riders ranging from beginning to varsity riding on the flat to jumping 2'6" fences.
- Team coach place riders in the appropriate classes (over fences & flat classes) based on the rider's skill level and the needs of the team. IEA recommends, since this is catch riding, that a rider show in a lower over fence class than they are used to showing in on their own. For a new rider who has shown in a rated USEF hunter/jumper show in the past, the most current show listing and results must be presented at the time of registration. Returning riders and those who have not shown in a rated show do not need to do this.
- Riders usually compete in a single level for both flat and over fences classes.
- Individual points are earned and recorded both by our team, our region (3), our zone (10) and the IEA national Organization as follows:

1st place—7 points  
2nd place—5 points  
3rd place—4 points

4th place—3 points  
5th place—2 points  
6th place—1 points

- Team coach also chooses one (1) rider per class as the “Point Rider” for each show. The riders are not given the identity of the point rider. Any points earned by this rider during that show will also count toward the team’s overall score. At the end of the show, the point riders’ points are added up for each team, and team points are earned as follows:

1st place Champion—7 points	4th place—3 points
2nd place Reserve Champion—5 points	5th place—2 points
3rd place—4 points	6th place—1 point

### **Region Finals “Regionals”**

- Regionals are held locally in late February or early March and are run over 2 days on the same weekend.
- If a rider accumulates 18 or more points in a season they qualify to compete in Regionals.
- If a team accumulates 20 or more points in a season, the team qualifies to compete in Regionals.
- The Coach will decide the riders who will compete in each class for the team at Regionals based on point accumulation, team spirit and participation, as well as overall skill level. Coach has final say. Typically, the team placements remain unchanged once chosen for Regionals. However, the coach may substitute team members for Zones and Nationals.
- A rider may qualify individually and also be chosen as a team representative. This means they will compete twice, in both the individual and team rounds.

### **Zone Finals “Zones” and National Finals “Nationals”**

- Zones may be held anywhere in Zone 10 (even Hawaii) and will run over 2 days on the same weekend. Individual and team competition may be on either day based on schedule.
- Generally, the top 3 riders in each individual class and the top 2-3 teams at Regionals advance to Zones. (This number may vary according to total number of registered riders in the Zone).
- Advancing to Nationals is done similarly.
- Nationals rotates between the Zones, but typically is held on the East Coast.
- Riders are responsible for their own travel costs for Zones and Nationals and also split the Coach’s travel costs for Zones and Nationals. The Team may be able to assist in Coach’s travel costs through fundraising as well. This is determined year by year.

### **Horse Assignments**

- IEA does not require participants to own a horse. Horses are provided by the show hosts.
- The horses are pooled based on what classes they are appropriate for and randomly assigned to riders through a blind draw.
- Riders are judged on their own ability and are not supposed to be penalized for horse error.

### **Judges**

- All IEA competitions are judged by IEA registered judges.
- These are agreed upon by all teams who are participating in each show.

## Registration & FSE Member Fees & Expenses

### IEA Registration Fee (Register and Pay Online)

\$60 paid on IEA website via credit card or PayPal (Must be completed and paid online before Nov 1st to join for the current season) – see IEA Membership Guidelines & Information sheet.

### How To Register For IEA

1. Go online to [rideiea.org](http://rideiea.org) and click on "Membership" tab
2. Complete the "Rider" application" & print it out (Team Name is **Five Star Equestrian**)
  - a. Don't worry about classes - we will enter the level in for you
3. Make sure to also print your proof of payment before you exit registration or get copy in your email inbox
4. Rider and parent/guardian BOTH need to sign the form in the lower righthand corner
5. Turn in your registration form with your proof of payment to us – we will complete the process (do not mail in your form)
  - a. It takes up to 15 days to add a rider, so please do this as soon as possible
  - b. Please email team administrator a scanned version of the signed rider application & proof of payment so that I can complete the registration process

### FSE IEA Team Costs and Fees (Existing FSE Clients)

1. Annual Fee: \$2500/season (includes IEA team practices and Team Registration Fee - \$500 discount for those who provide horses for shows)
2. Monthly Fees: riders must be riding at least twice a week during IEA season (Show Team Packages and Lesson Packages/riding twice a week will cover this requirement)
3. Class Fees: \$45\*/class at regular season shows, \$60\*/class at finals (regional, zone, etc.).
4. Trainer Expenses & Fees at shows (depends on number of participants & location of show, local shows cost less than away shows that require hotel accommodations – all will be split among competitors) - \*Class fees for 2024-2025 have not yet been released
  - a. A \$500 coaching fee is charged for each day of a show and split among competitors – this amount does not include trainer expenses, which will also be split among competitors for each show (please keep in mind that out of town shows may include hotel costs)
  - b. When our team is co-hosting or hosting a show at home or away, team members will split any costs associated with hosting that show (i.e. stall fees, haul in fees, judge's fees, etc.)
5. Team jacket and polo or any other items needed (i.e. matching chairs, blankets, etc.)

### FSE IEA Team Costs and Fees (if not a regular FSE Client – all levels)

If you are not a regular FSE client, then you will need to do lessons with us during the IEA season. Below are the fees for these lessons, which are in addition to the fees listed above.

1. \$550/month – for riders qualified for Over Fences & Flat Classes - due on the 25th of each month starting with August 25th (Regular season: September 1 through January

31, Region Finals: February, Zone Finals: March, etc.) to continue membership - includes up to 2 lessons/week during season – no make ups available

2. \$300/month – for riders qualified for Flat Classes only - due on the 25th of each month starting with August 25th (Regular season: September 1 through January 1, Region Finals: February, Zone Finals: March, etc.) to continue membership - includes up to 1 lesson/week during season – no make ups available

**Drop Out Fee (All Levels):** if any member drops off the team before the end of the regular season, a \$1000 fee will be charged in addition to the non-refundable annual fee. Since spots are limited, we need a commitment for the entire regular season. Members are NOT required to move on to the Region, Zone or National Finals.

### **Other Expenses**

- Team Parka: \$TBD
- Team Sun Shirt: \$TBD
- Team Polo: \$TBD
- Team Chair: \$TBD
- Team Blanket: \$TBD
- Show Attire: Rider must come to shows in complete hunter show attire (see requirements on next page). If you are interested in second-hand apparel, please let our Manager know.

*Note: we are looking for a volunteer to coordinate purchases of apparel and other matching items for the team.*



## **Show Attire, Gear & Equipment**

### **Show Attire (required for each rider)**

- Black or navy show coat
- White or light colored long-sleeved show shirt or Ratcatcher
- Tan riding breeches
- Black belt
- Black leather field boots
- Black riding show helmet (ASTM Certified, not a plastic riding helmet, preferably a Charles Owens or similar helmet)
- Black gloves
- Hair net (RWR are the best and please purchase in correct hair color)

### **Practice Attire**

- Breeches (can be show breeches, but recommend 2nd pair)
- Fitted collared shirt (polo or your team polo)
- Riding helmet (ASTM Certified, can be show helmet)
- Hair net (for long hair)
- Black field boots or Paddock boots (optional)
- Half chaps (optional)

### **Individual Gear**

- Black Crop
- Tom Thumb Spur (larger spurs NOT permitted in IEA)

### **Team Gear**

- Team Jacket (required)
- Team Polo Shirt (required)

## **Competitions & What To Expect At Shows**

IEA show days can be very long depending on the number of teams and individual riders participating. Some show hosts will limit the number of riders from one team in a given class to keep competitions running smoothly and on time. It is important that when the Team Administrator sends in the entry for a show, that the number of riders per class from each team be identified. This may or may not keep some riders from participating, but it is best to know early so that riders can be told if they are going or not. When several riders from the same team, who compete in the same class, want to go to a show and space is restricted, coaches will make the decision on who goes based on several criteria (i.e. how many shows they've already done, how committed they are to the team, how many points they have accumulated during the season, etc.).

Delays during the day may occur due to re-rides, weather issues, horse issues or rider issues. Expect the show days to run from 7a to 5p, although some shows will end earlier.

Over Fences classes run in the morning and Flat classes run in the afternoon. Classes run from the highest level to the lowest level in each.

All FSE riders attending the show are expected to contribute equally and stay for the entire show, even if they finish early, to support their teammates who may be competing at the end of the day. Teammates are expected to support each other at all times, helping each other to get ready, cheering on teammates during classes and supporting teammates when they are discouraged after a class.

All FSE Riders must be available and present to help handling of horses at a show where FSE has provided horses.

Parents can help with making sure that riders and coaches have food and water throughout the day. Parents will play a big role at co-hosted and hosted shows as well.

Please see "Expectations of Parents and Riders" section.

***The FSE IEA Team will practice, compete, support each other and win or lose as a TEAM!***

### ***COVID Restrictions***

*We will follow any protocol the National IEA office and/or the State of California requires of us.*

## Parent & Rider Expectations



### Parent Commitment

- Assist with team sponsored shows
- Assist with 100% of team fundraising activities
- Make sure riders are present at all lessons, shows, show preparations and team events
- Attend parent meetings and team meetings when applicable
- Fiscally responsible for IEA fees, lesson fees, show and trainer fees, and riding apparel
- Respect the coach and the show sponsor's decisions
- Come out to team practice meets to support team and help handle horses

### Rider Commitment

- Compete in three (3) to five (5) regular shows per season
- Be respectful of trainers, parents, fellow riders, and other teams at ALL times
- Attend and participate in 100% of team fundraising events
- Be responsible for horse and equipment management/care at shows
- Be grateful for the horses you draw at shows - Ask handlers about the horse before you mount and thank them for the horse & their assistance when you are done with your class
- Be available to the trainers at all times during the shows attended to assist, particularly at hosted shows, with horses and/or other responsibilities
- Attend all team meetings
- Respect trainer, team captain and team administrator decisions
- Respect any trainer decisions that are made at shows or at practice meets
- Respect the horses/ponies and the facility at ALL times
- Show up for practice meets on time, ready to ride your best, as if you were showing
- Take good care of the horses/ponies after each ride and at the end of practice meets
- ALWAYS have a positive attitude
- Keep tack stations, tack rooms, tack and equipment well organized and clean at home and at shows
- Clean school tack and groom horses before and after shows and practice meets

### Substance Use Policy

There is a zero-tolerance substance use policy among kids, teens and parents during competitions. We ask that parents refrain from bringing alcoholic beverages to IEA Shows and Practices. Any violation to this policy may lead to expulsion from the team.

### Parent and Rider Acceptance Signatures

I have read the FSE IEA Handbook carefully and understand its contents and the expectations of the riders and parents set forth above.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Rider's Name



## FSE IEA Team Application

Yes, I would like to join the Five Star Equestrian IEA Team!

Rider's Name: \_\_\_\_\_

Parent's Name(s): \_\_\_\_\_

Parent's Email (s): \_\_\_\_\_ Parent Phone: \_\_\_\_\_

Rider's Email: \_\_\_\_\_ Rider Phone: \_\_\_\_\_

### Rider Information

Date of birth: \_\_\_\_\_ Grade in School: \_\_\_\_\_ School: \_\_\_\_\_

Previous Riding Experience:

\_\_\_\_\_  
\_\_\_\_\_

Are you currently in a regular lesson program: YES NO (Please circle one)

If YES, who is your current trainer: \_\_\_\_\_

Have you ever shown in a rated show: YES NO (Please circle one)

If YES, what is the most recent level and discipline in which you competed:

\_\_\_\_\_

Have you ever been on an IE Team in the past: YES NO (Please circle one)

If YES, for which team did you ride: \_\_\_\_\_

In what level/class did you compete for IEA: \_\_\_\_\_

### Parents

Parent participation is essential to the success of our season. Opportunities will arise throughout the season. If you know now how you would like to contribute, for example with fundraising, apparel orders, advertising, snack coordination or other areas or organization, please indicate the area you would like to participate in: \_\_\_\_\_

Thank you. We will contact you soon!  
*The FSE IEA Team*



## FSE IEA Team Captain Application

The IEA Team Captain and/or Co-Captain position is open for a high school team member who would like to assume a leadership role on the team. Team captains are responsible for attending and assisting at most, if not all, competitions and events, building team spirit, and supporting fellow team members throughout the season. This position is open for anyone who has NOT already assumed the FSE Captain or Co-Captain position the prior year and priority will be given to new applicants who qualify. Captain and Co-Captain Positions are selected based on your IEA experience, essay, horsemanship experience, team spirit, and respectful and positive attitude.

### Requirements

- 14 years old or older
- 1 year or more IEA competition experience
- Positive, mature and respectful attitude and conduct
- Ability to foster supportive, friendly relationships with team members
- Desire to model and teach effective horsemanship at all times
- Either Captain or Co-Captain must be able to attend ALL REGULAR SEASON IEA SHOWS (whether schedule to ride or not)
- Must submit a 250-300 word essay explaining why you think you could make a good Team FSE IEA Captain. Explain what you value most about IEA, your goals as Captain and how they would add to the team in a positive way.

### Duties

- Attend ALL regular season IEA shows (whether scheduled to ride or not) from start to finish
- Prepare and bring a "spirit" item to each show (good luck token, treat, message, etc. to motivate and encourage teammates)
- Be available ringside and in the warm up area to assist with boot polishing, supporting a teammate, and grabbing last minute items like crops and spurs
- Plan 2-3 team bonding events/parties throughout the season
- Plan, purchase/make and present end of year gifts for teammates
- Participate fully in all fundraisers
- Conduct oneself in a mature, friendly, supportive manner to all teammates, administrators, coaches, fellow teams and others associated with FSE IEA.

Please complete this application below and turn into Cassandra or Leah anytime before August 15<sup>th</sup>. Then write and turn in your essay (described above) via email to Cassandra and Leah at: [5starequestrian@gmail.com](mailto:5starequestrian@gmail.com).  
Deadline for essay is August 31st.

### I am applying to be a Team FSE IEA Captain

Name of Applicant: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Age: \_\_\_\_\_ How many years have you been on an IEA Team: \_\_\_\_\_

Name of prior IEA Team(s): \_\_\_\_\_

*Please turn in this form to Cassandra or Leah as soon as possible and submit your written essay by August 31st.*



## FSE IEA APPAREL ORDER FORM

The team jacket is a high quality, medium weight jacket made by\_\_\_\_\_. It is custom embroidered by \_\_\_\_\_ with the team name, as well as the rider’s name on the back. All riders are required to purchase a jacket.

The team Sun Shirt is made by **Its A Haggerty**. These are excellent quality quarter zip shirts that offer sun protection

The team polo shirt is made by \_\_\_\_\_ with team name embroidered on the front by \_\_\_\_\_. These are also required for all team members to be used at team practices and when volunteering at shows (these are not for riding at shows).

Although not required, parents may purchase these as well.

### Order Information:

Parent’s Name: \_\_\_\_\_

Parent’s Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Rider’s Name: \_\_\_\_\_

### Item Selection (see sizing charts):

Parka            Price \$ ?.00            Rider Size: \_\_\_\_\_            Parent: \_\_\_\_\_

Sun Shirt        Price \$ ?.00            Rider Size: \_\_\_\_\_            Parent: \_\_\_\_\_

Polo Shirt       Price \$ ?.00            Rider Size: \_\_\_\_\_            Parent: \_\_\_\_\_

Make checks payable to: \_\_\_\_\_ and turn in to team administrator with order form.